

## **Congratulations on receiving your new Nolaro24, LLC. orthotics!**

### **Please read all instructions before using your new orthotics**

Your orthotics have been shipped with extra length topcovers to allow for trimming to fit in your shoes. We have enclosed these instructions for the proper trimming of your orthotics.

#### **TRIMMING INSTRUCTIONS**

1. Remove the existing insoles from your shoes.
2. Place the insole over the top of the correct orthotic (right insole over right orthotic, etc.). Left and right are marked on the bottom.
3. Trace the outline of the insole on to the orthotic.
4. Cut the orthotic along the traced line.
5. Place the orthotic in the shoe.
6. Feel at the toes to be sure there is no extra material bunched up.
7. If there is extra material, remove the orthotic and carefully trim off a little more.

#### **IMPORTANT NOTES**

1. Your orthotics will **REPLACE** the insoles currently in your shoes (do not wear both).
2. Please follow the break in instructions we have provided you.
3. You should not get any blisters or red spots. If you do, please contact your practitioner.
4. If you would like to purchase a second pair of orthotics, please contact your practitioner.
5. If your orthotics begin to show wear, contact your practitioner about refurbishing or replacing your orthotics to insure proper correction.

We hope you have good results with your new customized foot orthotics. It is our intention to provide you with the highest quality orthotics as well as the best customer service. If you have any problems please feel free to call Nolaro24, LLC.